

June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		5:45 am HIIT with Chelsea	10:00 am Busy Mom- Rip, Tone, and Burn w/ Scott		1 5:45 am Bootcamp With Chelsea 9:00 am Functional Fitness with TBA	2 9:30 am Steady Strength w/ Kris
3	4 12:00 pm Functional Fitness with Scott 5:30 pm Women's Yoga 6:30 pm Men's Stretch Yoga	5 5:45 am HIIT with Chelsea	6 10:00 am Busy Mom- Rip, Tone, and Burn w/ Scott	7	8 5:45 am Bootcamp With Chelsea 9:00 am Functional Fitness with Scott	9 9:30 am Steady Strength w/ Kris
10	11 12:00 pm Functional Fitness with Scott 5:30 pm Women's Yoga 6:30 pm Men's Stretch Yoga	12 5:45 am HIIT with Chelsea	13 10:00 am Busy Mom- Rip, Tone, and Burn w/ Scott	14	15 5:45 am Bootcamp With Chelsea 9:00 am Functional Fitness with Scott	16 9:30 am TBA
17	18 12:00 pm Functional Fitness with Scott 5:30 pm Women's Yoga 6:30 pm Men's Stretch Yoga	19 5:45 am HIIT with Chelsea	20 10:00 am Busy Mom- Rip, Tone, and Burn w/ Scott	21	22 5:45 am Bootcamp With Chelsea 9:00 am Functional Fitness with Scott	23 9:30 am Steady Strength w/ Kris
24	25	26 5:45 am HIIT with Chelsea	27 10:00 am Busy Mom- Rip, Tone, and Burn w/ Scott	28	29 5:45 am Bootcamp With Chelsea 9:00 am Functional Fitness with Scott	30 9:30 am Steady Strength w/ Kris