

April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:45 am Bootcamp with Kara 9:30 am Zumba With Ashlee
2	3 9:00am Functional Fitness with Scott 10:00 am Senior Fit with Cam	4 5:45 am Tabata With Lynne	5 9:30am Introduction to Weight Training with Scott	6 10:00 am Senior Fit with Cam	7 5:45 am Bootcamp With Lynne	8 9:30 am Zumba With Ashlee 10:15 am High Octane with Maria
9 10:00am Yoga with Michelle	10 9:00am Functional Fitness with Scott 10:00 am Senior Fit with Cam	11 5:45 am Tabata With Lynne	12 9:30am Introduction to Weight Training with Scott	13 10:00 am Senior Fit with Cam	14 5:45 am Bootcamp With Lynne	15 8:45 am Bootcamp with Kara 9:30 am Zumba With Ashlee 10:15 am StepFix with Kara
16	17 9:00am Functional Fitness with Scott 10:00 am Senior Fit with Cam	18 5:45 am Tabata With Lynne	19 9:30am Introduction to Weight Training with Scott	20 10:00 am Senior Fit with Cam	21 5:45 am Bootcamp With Lynne	22 8:45 am Bootcamp with Kara 9:30 am Zumba With Ashlee 10:15 am High Octane with
23	24 9:00am Functional Fitness with Scott 10:00 am Senior Fit with Cam	25 5:45 am Tabata With Lynne	26 9:30am Introduction to Weight Training with Scott	27 10:00 am Senior Fit with Cam	28 5:45 am Bootcamp With Lynne	29 8:45 am Bootcamp with Kara 9:30 am Zumba With Ashlee 10:15 am StepFix with Kara
30	31 9:00am Functional Fitness with Scott 10:00 am Senior Fit with Cam					

April 2017